Dear Dr. Katz:

I am pleased about receiving your e-mail. At our Clinic we have performed two studies regarding IOT with foods: one for cow's milk allergic patients between 2004 and 2009 with very good results and since then we are offering this treatment to patients allergic to this food; the second one for egg allergic patients, undertaken since 2009, also with fairly good results. All 30 patients hace completed the therapy but we are still analyzing the results before offering this therapy to egg allergic patients on a routine practice.

With regards to IOT to peanut, I have only performed IOT in one patient. The patient has been performing very well until recently that he has started with GI symptoms and his under study to rule out eosinophilic esophagitis.

Recently, I have completed one patient allergic to cereals, with a successfull outcome so far. In Spain there are many other centers (mostly in public hospitals) performing these therapies with different protocols but with very similar results with successful rates ranging from 80-100%.

Should you need any more information, please do not hesitate to contact me again. Best regards.

Dr. Pedro Ojeda

February 17th, 2011 - Show quoted text -